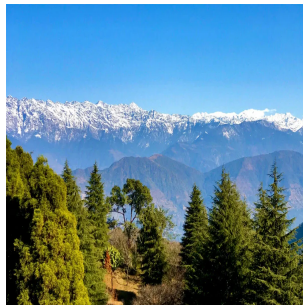


# Ganesh Himal Base Camp Trek



## Description

Cost per person \$ 1290

**\$ 1290 / Person**

"Discover the Untouched Majesty of Ganesh Himal!"

Do you want to explore the least travelled region very close to the Kathmandu Valley? Do you want to have something different from Annapurna Circuit trek or Everest Base Camp trek? If "Yes", Ganesh Himal Base Camp trek is the best trip for you!

Although located nearly 70 kilometres away from the Capital City, Ganesh Himal (7,422 m) is a newly explored trekking region. Trekking Agencies' Association Nepal (TAAN) identified and promoted this region only in 2012. Ganesh Himal Ruby Valley was connected to promote Tamang Heritage Trail of Langtang region.

The Shamanic and Tibetan Buddhist culture and tradition followed by the Tamang people are the main cultural attractions. Most of the people in this region are Tamang, Gurung, Ghale and other ethnic groups as well.

The people are keeping their ancient culture and tradition intact from ages. They are more concerned to show their cultural richness rather than earning money from the trekkers. Therefore, they are always helpful and respectful to the trekkers visiting their place.

Named after a Hindu deity, Lord Ganesha (Elephant God), Ganesh Himal has four different peaks. This Himalayan range is one of the most beautiful Himalayas in the world. Besides, you can also see the snow-capped peaks of Langtang, Manaslu (8,163 m) and Annapurna (8,091 m) are also visible during this trek.

Ganesh Himal trek doesn't include any protected area; however, the oak, pine and rhododendron forests are found. These dense forests are the habitat for large varieties of birds and animals. It also includes some sections of Langtang National Park and Manaslu Conservation Area Project as well.

In this way, Ganesh Himal Base Camp trek is a wonderful experience of unspoiled culture and unexplored nature.

## **Itinerary**

### **Day 01: Reception in Kathmandu [1345m]**

On the arrival day, our representative welcomes you at the Tribhuvan International Airport. Then, he helps you in doing on-arrival visa procedure for which you need cash \$ 50, 2 copies of photos and a copy of your passport. Then, we transfer to you to the Hotel somewhere nearby Thamel Bazar.

### **Day 02: Sightseeing Tour around Kathmandu & Trek Preparation**

Our tour guide takes you for sightseeing tour around Kathmandu as per the schedule you make in mutual understanding. You will visit 4 of 7 World Heritage Sites of the Kathmandu Valley. Most often, the Monkey Temple, Patan Durbar Square, Pashupatinath Temple and Bouddhanath Stupa will be visited.

After you explore the cultural and architecture attractions of these sites, you come back to the hotel. Then, the team leader comes to you or you can also visit our office to talk more about Ganesh Himal Base Camp trek itinerary. We help you in managing the most necessary trekking gears as well.

### **Day 03: Kathmandu to Samari Bhanjyang [1250m] via Trishuli Bazaar**

After having breakfast, you begin the travel along the Pasang Lhamu Highway by enjoying the mountains of Manaslu, Ganesh Himal and Langtang region.

Driving past Trishuli Bazar on the bank of the Trishuli Bazar, you take left turn through the Mid-Hills Highway. By crossing the terraced farmlands and small village towns, you finally reach Samari

Bhanjyang.

#### **Day 04: Samari Bhanjyang to Katunje Bazaar [765m]**

You formally begin Ganesh Himal Base Camp trek right after having breakfast. The steep trail move ahead through some ethnic Tamang villages and rhododendron forests. At the end of today's trek, you reach Katunje Village from where you have the first glimpse of Ganesh Himal (7,422m).

#### **Day 05: Katunje Bazaar to Kintang Phedi [655m]**

The snaky trail takes you across Lapsangbesi and then along the Ankhu Khola banks. By walking past a few traditional Tamang villages, you finally reach Kintang Phedi. Kintang Phedi is a small village situated on the bank of the Ankhu Khola and there are a few teahouses to provide you food and accommodation services.

#### **Day 06: Kintang Phedi to Jharlang [1500m]**

From Kintang Phedi, you follow the steep trail that goes past few Tamang, Chhitri and Brahmin villages. After walking for about 5/6 hours, you end up at Jharlang Village. If you reach there during school hours, the schoolchildren and staff will welcome you to their place very happily. You find a few teahouses to accommodate for the night.

#### **Day 07: Jharlang to Chalise [2000m]**

The track from this beautiful village goes past some Tamang villages reflecting their pastoral lifestyle and housing pattern. You then, go across Borang and Shertum villages, which are popular for their Shamanic and Tibetan Buddhist culture and tradition. Many trekkers make these villages their overnight stops during Ganesh Himal Ruby Valley trek.

Walking further through some chortens and mani walls beautified by the prayer flags, you wrap up at Chalise Village. Here also you find some teahouses to serve you with lodging and food.

#### **Day 08: Chalise to Hindung [2345m]**

In the beginning, the track descends towards the Menchet Khola. Then, crossing this stream, you ascend towards Hindung Village. It is the largest village inhabited by Tamang people and the last settlement area of this trekking route. You find few teahouses providing you some basic facilities of food and lodging.

#### **Day 09: Hindung to Rajgang Kharka [2570m]**

After having breakfast, you begin the journey by following the steep trail that goes past the dense forests of rhododendron and local vegetation. As this section is suitable for different birds and animals, you might see them as well.

Ascending further, you reach Rajgang Kharka, a highland meadow where native people take their cattle for grazing in suitable seasons. Here, you set up the tented camp to spend the night by enjoying the amazing Ruby Valley and soaring peaks of Ganesh Himal (7,422m).

### **Day 10: Rajgang Kharka to Ganesh Himal Base Camp [3774m] via Kalo Seto Kunda [3,240m]**

By following the steep trail: sometimes lost amidst the plants and other times well levelled, you march ahead towards the destination. By crossing the dense rhododendron and pine forests, you reach subalpine forested area.

A little higher, you get to Kalo Seto Kunda (Black White Ponds) where you take a pause. Observe the beauty of the black and white watered lakes holding religious significance. Then, you carry on your walk up to Ganesh Himal Base Camp (3,774m).

Set your tented camp on the lap of the most beautiful Ganesh Himal Massif. Enjoy the sunset view of the entire Ganesh Himal Manaslu and Langtang Himalayan Ranges from here.

### **Day 11: Rest day at the Ganesh Himal Base Camp**

This is an optional day proposed to enjoy the amazing view and explore the beauty of the surrounding. Basically, it is for exploring in and around Kalo Seto Kunda. But, if you have shortage of time, you can skip it as well.

### **Day 12: Ganesh Himal Base Camp to Rajgang Kharka**

Following the trail you followed the day before, you trek down to Rajgang Kharka to end up the trek. The scenery of the green forests, towering peaks and Ruby Valley is enchanting during the retreat journey. Overnight at a tented camp.

### **Day 13: Rajgang Kharka to Chalise**

Again, descending through the ethnic villages of Hindung, Shertum and Borang, you arrive in Chalise Village. Here, you can observe the Shamanic culture and different dances performed by the native if the time favours you. Overnight at a teahouse.

### **Day 14: Chalise to Laba Besi [1500m]**

Leaving Chalise far behind, you descend through the dense forests and farmlands all the way to Laba Besi Village. Overnight at a tented camp.

### **Day 15: Laba Besi to Manyang Bhanjyang [2934m]**

Today's trail is steep as you have to ascend to Laba Village. Walking gradually by witnessing different birds and animals, you reach Laba Village. It is one of the largest Gurung villages of Ganesh Himal Ruby Valley. Moving further, you reach Manyang Bhanjyang amidst the

pasturelands suitable for camping.

## **Day 16: Manyang Bhanjyang to Majhgaun [2200m]**

Following the downhill trail and enjoying the splendid view of Manaslu Himalayan Range, you mostly descend. In some sections, the trail is so steep down that you must walk very carefully.

Crossing the thick oak and rhododendron forests, you end up at Majhgaun. Here, you find some teahouses with basic services. The people are really friendly here that they have a culture of welcoming and farewell to the guests.

## **Day 17: Majhgaun to Budathum [750m]**

Today's trail goes past some dense woodlands of oak and rhododendron, cultivated land, small streams and traditional villages. By walking past such amazing pastoral setting, you finally arrive at a small marketplace called Budathum. It is a small village inhabited by the Newar community that has a few shops and teahouses to help the trekkers. From here, Manaslu region is seen very attractive more in the morning and evening!

## **Day 18: Budathum to Kathmandu via Arughat Bazaar [500m]**

It is a free day in Kathmandu that you can utilize it by exploring the numerous shrines of the City of Temples. You can go for shopping around Thamel Bazar. The handicraft products of Nepal can be the best mementos to the people back in your home country.

In the evening, you will be invited to farewell dinner somewhere around Thamel. Relish the tasty Nepali cuisines with the cultural performance during the stay.

## **Day 19: Final Departure**

According to the flight schedule, our representative takes you up to the Tribhuvan International Airport.

## **FAQs**

### **1. How far is Ganesh Himal from Kathmandu?**

Ganesh Himal lies about 70 kilometers northwest of Kathmandu, the Capital City of Nepal. It lies between Langtang (7,234m) and Mount Manaslu (8,163m).

### **2. Do I need special permit for Ganesh Himal Base Camp trek?**

No, not at all! This is not a restricted area trekking in Nepal having no particular conservation area or national park. However, if you want to start from or end at Syabrubesi, the gateway to Langtang Valley trek, you need Langtang National Park Entry Permit including TIMS Card. TIMS Card is mandatory for every tourist visiting Nepal any region and any season.

### **3. Which is the best time for Ganesh Himal Base Camp trek?**

Ganesh Himal Base Camp trek can be done all times of the year as the highest place to reach is Ganesh Himal Base Camp (3,774m). Doing this trek in summer may be a little more difficult due to heavy rainfall and in winter due to excessive snowfall. So, the best time for Ganesh Himal Base Camp trek is spring and summer. In spring, you can witness the diverse flora and fauna including the amazing view of the Himalayas. In addition, Ganesh Himal Base Camp trek in autumn is a good chance for tasting organic fruit and observe different feasts and festivals. For more details.

## **Cost Inclusion**

- Airport pick-up and drop off service ,
- Trekking Guide and Trekking porter (Two participant=1 porter =Maximum 25 kg of luggage )
- Breakfast,accommodation during the trekking and Kathmandu following iteniry
- Sleeping bags, down jackets, duffel bags and trekking sticks if required,
- Trekking permit of National park,
- TIMS(Trekking Information Management System )
- Flight fare Kathmandu to lukla and lukla to kathmandu
- Insurance and equipment for the trekking staffs
- First aid kit
- Farewell dinner in Kathmandu with cultural program in typical Traditional Nepali resturant

## **Cost Exclusion**

- Personal expenses
- Lunch dinner Drinks, beverages, hot shower,
- Travel insurance
- Tips
- Meals & hotel accommodation in Kathmandu (without itinerary)

## **Trip Information**

**Trip Duration:** 19 Days

**Trip Code:** JOKN23

**Duration:** 19

**Primary Activities:** Trekking

**Arrival City:** Kathmandu

**Departure City:** Budathum

**Transportation:** Vehicle

**Best Season:** December